

**CHINA SEMINAR** 38<sup>th</sup> Year

Founding convener: D. W. Y. Kwok

as of 2009 a forum of **FRIENDS OF EAST-WEST CENTER**

a 501C non-profit organization



Friends of East-West Center cordially invites you to the Fall 2015 sessions of the



## CHINA SEMINAR

Thursday, 10 December, 2015, 12 noon

at

Maple Garden Restaurant, 909 Isenberg Street, Honolulu

*Topic:*

### A Chinese Kitchen

### What I Learned in Writing a Cookbook about Chinese Food in Hawaii

by

**Lynette Lo Tom**

Lynette Lo Tom wrote the fourth cookbook in the Honolulu Star-Advertiser's series on ethnic foods in Hawaii. Using dishes from good family cooks; her mother, grandfather and grandmother, she put recipes to their favorite foods. In her research, she compared Hawaii-style food with that in Hong Kong, Taiwan, Singapore and specifically in Zhongshan, China. She visited those locations in her quest to find out if there is a unique Chinese-Hawaiian food (the answer is yes).

She earned a BS in Journalism with honors from University of Colorado at Boulder, attended graduate school at University of Michigan, Ann Arbor and earned an MBA degree from the University of California at Berkeley. She is a graduate of Punahou School.

Returning to Hawaii, she worked in radio journalism at KHVH Newsradio 99, was a general assignment editor and then reporter at KGMB – TV. At Hawaii Public Television, she was a reporter and anchor. She also served as public information specialist at GTE Hawaiian Tel and marketing manager at Hawaii Public Radio. Before writing the cookbook, she oversaw 15 employees at Bright Light Marketing, her public relations and marketing company she started 25 years ago.

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• The seminar is **\$20.00** for ***Friends of the East-West Center members, EWC and UH students*** and **\$25.00** for ***non-members*** with luncheon served after the talk. Payment may be made in advance or at the door. Checks should be made payable to ***Friends of the East-West Center***. Seating is first-come, first-served at the Maple Garden Restaurant.

• Please return the form below by mail, fax or email. Reservations must reach us by noon of the day before (December 9). Changes cannot be accommodated thereafter.

• **No-shows please honor your reservation with payment.**

----- *Please cut along dotted line if mailing in RSVP* -----

Please reserve \_\_\_\_\_ place(s) for the December 10, 2015 meeting of the CHINA SEMINAR.

*Return this form to:*

China Seminar, Friends of the East-West Center

1601 East-West Road, Honolulu, HI 96848

fax: 944-7376 email: [friends@eastwestcenter.org](mailto:friends@eastwestcenter.org)

For more information, call 944-7111 & speak w/Ms. Deanna O'Brien

Your name: \_\_\_\_\_

Guests: \_\_\_\_\_

Vegetarian? \_\_\_\_\_ Please reserve \_\_\_\_\_ seat(s) @ the veggie table.

*Please provide email address for future notices if desired.* \_\_\_\_\_ @ \_\_\_\_\_